



**QWÍ:QWÉLSTÓM  
JUSTICE – SOCIAL  
HEALING JUSTICE**

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PROGRAMS AND  
SERVICES: SUPPORT,  
GUIDANCE AND  
ADVOCACY





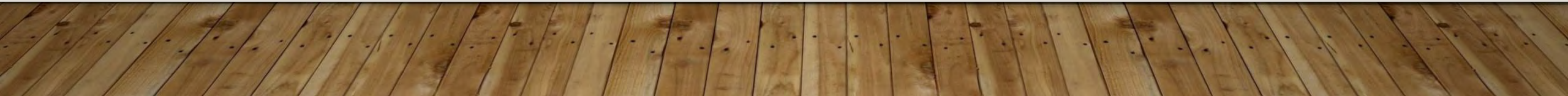
## Qwí:qwélstóm Wellness Workers Focus:

Sto:lo Service Agency Wellness Services provides services to individuals, families, and communities utilizing a holistic approach to Health and Wellness. The Program (our process) seeks to improve the well – being of community members by providing prevention and intervention services.

Our Vision: Best care for all people today to achieve optimal health and wellness tomorrow.

Our Mission: To improve the physical and emotional well-being of those we serve providing high quality, innovative, sustainable, health services

Our Values: Respect, Accountability Innovation Spirituality Excellence





## Qwí:qwélstóm Staff

- Joanne Jefferson - Supervisor
- Darcy Paul
- Tiffany Silver
- Alicia Peters
- Alicia Tushingham (maternity leave)
- Sue Ann Phillips
- Justin Campbell
- Frank Charlie - Mental Liaison Worker (Cultural Navigator)
- Julie George – Guides Circle

## Elders:

- Russell Point      Amy Victor
- James /Ina Point      Mary Malloway
- Stan Greene      Lawrence Roberts
- Wendy Ritchie
- Garry Williams
- Vikki Peters
- Darlene Tommy
- Mary Malloway



## OUR PROCESS

### Referrals:

- Family Services
- Crown Counsel
- Probation
- RCMP
- Crown Counsel
- Fisheries
- Community First Nation Bands
- Aboriginal Mental Health Support
- Self-referrals





Services provided to on and off reserve. Sto:lo Nation Service Agency community members included

- One to One short term support
- Group Facilitation
- Information Workshops
- Referrals to residential treatment centers
- Support for family members
- Education about substance misuse and its effects
- Group support – sharing and caring provides encouragement that “you are not alone”
- Life skills – teaching new ways to cope with life challenges
- Relapse prevention support

## THE CIRCLE HAS HEALING POWER



## Qwí:qwélstóm Circle Process

There is no word in our language that relates to justice.

Traditionally, Justice for Sto:lo meant living in harmoniously with others; justice was centers upon relations with all living life.

When relations became disrupted, the village was not in harmony- the elders would gather the people together and decide how to restore the balance. Harmony would be restored using our 7 teachings- respect, humility, love, truth, honesty, wisdom and courage. The Elders would talk to the individuals to re-establish his/her responsibility to live in a good way.

The Traditional View of justice was based on the following principles:

Consensus decision making

The interrelatedness of all things

Sense of belonging and connection t family and community



## Healing Circle

Circle is used, as means to bring conflict to a better place. As required, for referrals from agencies, bands, self referrals from community. Individuals are interviewed previous to participating incircle.





Circle Has four rounds:

Opening Prayer by Elder

1. Each individual introduces themselves
  2. Reason why we are here
  3. Where do we go from here – resolutions (additional circles required?)
  4. Check in before circle closure
- Closing prayer by Elder

Circle is Spiritual and there is no time frame set for a circle as circle takes its own life for sharing.



## Cultural Navigator (Mental Liaison Worker)

Sto:lo Nation Service agency has eleven Therapist that contract with Sto:lo Health Services:

- Intake/referral process
- Long as individuals has status, they are eligible for counselling (from local Bands we support, whether on or off reserve)
- Once individual is referred to appropriate Therapist and they are good for 20 sessions (1 hour each)
- If additional session are required depending on circumstance sessions may be available
- Cultural Navigator does one – one sessions (cultural counselling)
- Cultural Counselor will also do one – one sessions with an Elder present
- Individuals do request to have sessions with Elders
- Referral sources: Delegated family services, local Bands we support, off reserve (individuals are at times from different areas of BC/Canada, self referrals, other community organizations...



# KW'AS HOY

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