

*Nte?kepmx Speta'kl* and  
*Spilahem* Stories for Supporting  
Children & Families

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# *Nte?kepmx Territory & Swét k<sup>w</sup>*



# *Nte?kepmx* Quilt of Belonging



# *Nlakapmux* Developing Wisdom Theory

There are eight recurring principles that Anderson (2012) defines as the *Nlakapmux* Developing Wisdom Theory (NDWT) that guide how we conduct ourselves:

- **Takemshooknooqua**, Knowing we are connected, land, animals, plants and people;
- **ChaaChawoowh**, Celebrating people and land joyously;
- **Huckpestes**, Developing lifelong learning and wisdom;
- **Huztowaahh**, Giving lovingly to family and community;

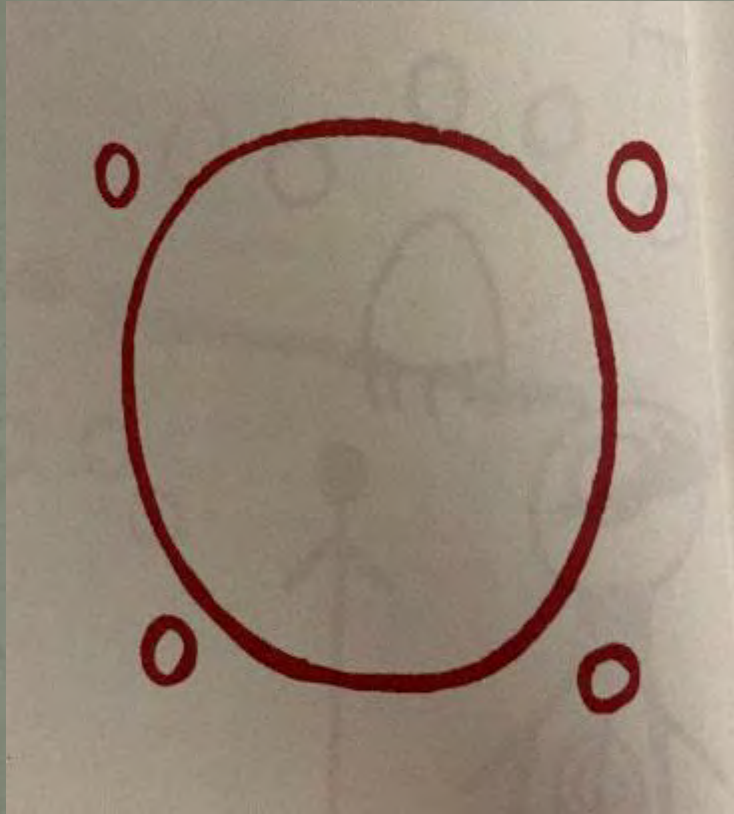
# *Nlakapmux* Developing Wisdom Theory<sup>(2)</sup>

- **Choowensh**, Succeeding in endeavours;
- **Choowaachoots**, Utilizing *Nlakapmux* vision-seeking methods;
- **Nmeenlth coynchoots**, Incorporating *Nlakapmux* knowledge; and
- **Peteenushem**, Reflecting on learning and relearning lifelong lessons. (Anderson, 2012, p. 172)

## *Nte?kepmx Speta'kl & Spilahem Stories*

- *Nte?kepmx Speta'kl* stories are the creation stories and based upon the times when earth was created; when spirits and other beings became animals, mammals, birds, and went on to become man.
- *Nte?kepmx Spilahem* are the personal and family stories that stem from the *Speta'kl* stories.

# Holistic View of Development



- Recognizes the interconnectedness of their physical, emotional, cognitive/intellectual, and spiritual health and wellbeing (BCACCS, 2011; Rother, 2015; Walker, 2008);
- Striving to obtain a balance between social, emotional, cognitive, physical and spiritual development on all levels for the individual, family and community.

*Nte?kepmx Speta'kl*  
*Skalula The Owl and Healing*





*Nte?kepmx Spilahem*  
*Snk'yép Coyote*

snk'yép  
shn-keyep  
coyote



# *Nte?kepmx Laws*



- Transformation;
- Connections to self;
- Connections to others;
- Connections to community; and
- Connections to the land.

*y'e ws k sw?exep he tek m up!*

*Be well all of you!*

# Contact Information

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