This is a template. Please update with your own logo, etc. then delete this text box.

Please note that these resources and templates have been developed to align with current public health recommendations. As advice from public health evolves over the course of the pandemic and our ‘new normal’, it is vitally important to keep up-to-date and change your policies to adapt to new recommendations. The BC Aboriginal Child Care Society (BCACCS) will make every effort to amend these resources and templates to match current recommendations as they get announced. Please take note of the date in the footer of the resource. DELETE THIS BOX

Dear Families,

To ensure the health and well-being of your child, family and community it is important to communicate with child care staff about the health of your child by confirming their wellness each day at drop-off. We appreciate your understanding and cooperation during this challenging time.

The BC Centre for Disease Control (BCCDC), the Ministry of Health (MoH) and WorkSafeBC require that parents/caregivers assess their children’s wellness daily before sending their children to child care.

Within the last 24 hours has your child displayed any of the following symptoms:

These symptoms must remain unchanged unless they have been updated by public health. Delete this text box.

* \*Temperature of [99.7°F / 37.6°C](https://www.healthlinkbc.ca/medical-tests/hw198785#hw198788) (under the arm) or higher
* Chills
* Cough
* Sore throat and painful swallowing
* Difficulty breathing, shortness of breath or wheezing
* Unexplained aches
* Fatigue
* Sneezing
* Runny nose
* Sinus congestion
* Headache
* Loss of appetite
* Vomiting/diarrhea

Families will be requested to answer the following questions at drop-off each day as required by public health:

* Does your child have any of the above symptoms?
* Has your child been in contact with a probable or confirmed case of COVID-19 in the last 14 days?
* Has your child travelled outside of Canada within the last 14 days?
* Has a doctor or other medical professional advised that your child or any member of the household self-isolate?

If you answered yes to any of the above questions your child **must** stay home, and you **must** contact your primary health care provider or 8-1-1 for further instruction as required by public health.

\*Additional Resource: [Sneezes and Diseases – Facts About Fevers](https://sneezesdiseases.com/fever)

\*Additional Resource: [Preventing Illness in Child Care Settings](https://bcfcca.ca/wp-content/uploads/2014/06/Preventing-Illness-in-Child-Care-Settings-PDF-File.pdf)